



RIDER GUIDE



**MULTI STAGE RACE
ON THE ITALIAN DIVIDE
12 - 18.09 2021**



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COVID FREE



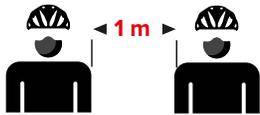
SCREENING

Present your Green Pass at accreditation. We check your temperature daily.



HYGIENE

Use hand sanitizer several times a day (available in the race village).



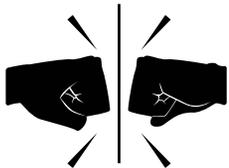
PHYSICAL DISTANCING

Minimum of 1 mt apart. Follow signs and instructions to allow spacing.



FACE MASK

You must wear a face mask inside the Yellow zone and anytime you are inside or outside and cannot have 1 mt minimum distancing.



NO CONTACT

Do not touch each other, hug, or shake hands.



FEED ZONE

Respect the distance of 1 mt at feed zones. (Grab and go).

WE ARE ALL!



APPENNINICA

MTB Stage Race



Team Safe

If you become symptomatic call +39 335 1365114
do not come to the race office or to the doctors point unless instructed.

WELCOME

Here we go again, the third edition is on!

Another year tormented by the pandemic that has challenged the organizers of many sporting events worldwide. This instability has affected Appenninica but hasn't changed our enthusiasm. Just as last year we will be asked to follow some simple rules to assure everyone's safety, and every single one of us has a personal responsibility to ensure a secure 2021 edition. Of course this will not prevent all of us from enjoying the family atmosphere of Appenninica. That's undoubtedly what we have become: a family. The athletes, the staff, and

the volunteers mingle and share hard work and joy at the end of each stage, celebrating with the host communities. This year we have two new hosting towns, Lizzano in Belvedere and Cerreto Laghi, two quaint and welcoming mountain towns whose peculiarities you'll have the pleasure of discovering. These towns strongly wanted to host the caravan of Appenninica, joining the other hosting towns of Porretta, Fanano and Castelnovo Monti we are already fond of.

We have had a lot of fun testing and checking them all again and again... yes, because that's the best part of our job! Be ready for an unforgettable race!!! Long and short climbs, steep or smooth, tough technical or flowing and fun descents, rocky and rough terrain, wild ancient forests, woods and high altitude grasslands, water crossings and lakes where you can see your reflection, narrow single tracks, historical paths, forest tracks and roman roads...

Appenninica is diversity.

The Appenninica team does its best to propose new trails every year so everyone, including the athletes who have been following us since the first edition, can always find many new sections to challenge themselves. Welcome from the Appenninica family!



Milena Bettocchi and Giuseppe Salerno
Appenninica MTB Stage Race
EVENT ORGANIZERS

The 2020 Olympic Games are taking place in 2021.

That one thing alone is a reminder of how sports - among other things - have been turned upside down. I'm starting this welcome letter as the opening ceremony is still fresh in my mind, and the idea of athletes training indoors to stay in shape and keeping the dream alive struck a chord. We have realized due to Covid how important the outdoors is and how much we could miss it. I think that I've learned not to take the outdoors for granted and with that mindset, we have been riding and checking the 2021 Appenninica MTB Stage Race route. Mountain biking is one of the best ways,

perhaps the best way, to explore the outdoors and wilderness. Don't forget this when you're suffering through some tough stages that we have laid out for you. Savor it.

And it should not matter how far you have to go; it's all about the next pedal stroke, about the next bend that introduces the next trail or forest road. But trust me, you'll ride some very fun trails and a great variety of terrain!

Be prepared both mentally and in terms of equipment for fast-changing conditions.

This guide serves as a reference for both racers and supporters, but make sure to be present each evening for the stage briefings.

In the rider guide, you'll find stage descriptions with an elevation chart and feed zones, a map of the race villages within the hosting towns, and other useful information such as the schedule.

We'll do our best to offer you the support that you'll need and to cheer you on, but ultimately it's you facing pain and fatigue in a test so pure and so far from everyday comforts that memories will be forged for life.

We can't wait to see you at the start and even more so to put the Finisher's medal around your neck in Castelnovo ne' Monti.



- There will be one starting grid except for the time trial.
- This year, we will limit access to certain areas but we will still have our lively race village with expo and music.
- If you purchased a hotel package, you will be accompanied to the hotel where you will find your bag at the reception.
- Retrieving your mountain bike from the bike park: only participants with matching race number on the bike can pick up a bike. In special cases, the race office can issue a proxy.
- The bike parking is open until 21:30 and locked for the night. Bikes can be picked up and returned after maintenance as needed but before 21:30.
- The complete stage briefing is done the night before at the restaurant of the race village. All competitors are required to participate.
- The cut-off time for the stage is communicated (confirmed or changed) in the morning after evaluating weather conditions and any changes to the route.
- The bike washing area is open as the first riders arrive and indicated by appropriate signs.
- The unofficial results - unless marked "official" - are posted at the race office and at the restaurant of the race village; then, online and posted on Telegram.
- If you don't finish a stage you can continue and start again the next day timed but you won't be ranked.
- The "Yellow" area is only accessible by riders and teams, Appenninica staff and volunteers, FCI judges, and timing crew. A limited number of people such as authorities and journalists can also be granted access. Access is allowed after screening and a mask is mandatory.
- A mask is part of your racing gear just like your helmet or water bottles. Do not forget it.
- We might ask you to come to breakfast and dinner at a set time, in waves.

GENERAL INFO

Categories

Riders race Solo and will rank in the following:
General Classification Men (blue leader jersey)
General Classification Women (red leader jersey)
Master 40+ (combined Men/Women green leader jersey)
Gran Master 50+ (combined Men/Women orange leader jersey)

Race bags

Your Appenninica MTB Parmigiano Reggiano race bag is a 90 lt, made in Italy, sport bag that will follow you during the week. You'll also receive a simple bag for your camping gear and spare parts, and a day bag for items that you want with you until the start and finish at the finish line. These are the only bags that we transport between stages while you ride.

Race numbers and wristbands

You'll be provided with a number plate (front of the bike) with zip ties, back number with safety pins, a personal wristband (must be worn for the whole duration of the event).

Bags labeling

You'll receive labels for: bike case, additional luggage that will be transferred to the last location, day bag, race bag, and for your mountain bike. Properly labeling each item is mandatory. Advise the race office if your labels are missing or damaged.

Timing

Winning Time is the official timing partner of Appenninica MTB Stage Race. Every bike must have a well-secured timing chip in order to be ranked at the end of the stage.

Please follow the instructions in the accreditation envelope on how to properly install the device on your bike. No chip, no timing. In case of loss, you might be charged for it. The official timing begins at the start of the competitor assigned grid.

Tracking

Follow my Challenge is the tracking provider. Instructions are included in your accreditation envelope and it is important that you read it carefully. In case of loss, you might be charged for it (100 Euro).

- Place Setetrack on the top pocket of your hydration backpack or in your jersey pocket in an unobstructed manner.
- After turning it on, the device performs a self-test and soon it'll be ready to communicate (signal required).
- Link for live tracking. This is the link from which your family and friends can follow you:
<https://www.followmychallenge.com/live/appenninica/>.

SOS: press the thumb size button for a minimum of two seconds to launch an SOS to the race organizers and the team of doctors.
The use of the SOS = withdrawal

Merchandise

You can purchase the official Natali Sportswear event cycling jersey (49 Euro) and additional Appenninica items such as t-shirts and caps. See us at the race office.



Race office

The office that interacts with athletes and team manager is the race office. The race office is in charge of coordinating all services directly related to the race but it can also direct you on where and how to address other needs, or call the managers of the Race Village or logistics. The race office is where you can get race information as well as logistics information and purchase items. Stage results and race rankings are timely posted by the race office. In other words, the race office provides general services and race services and connects you to the appropriate Appenninica team member if needed.



REGISTRATION AND RIDERS ETIQUETTE

All riders must report to the accreditation desk, set-up in Porretta Terme in Piazza della Libertà, between 15:00 and 18:00 on Saturday, September the 11th.

Please bring an identity document, your racing license from your UCI affiliated cycling federation, your Covid pass or equivalent.

Also, a 10 Euro bill as deposit for the Winning Time chip.

If you do not hold a racing license, a medical certificate will allow you to purchase a FCI (Italian Cycling Federation) daily racing license.

Accommodation in Porretta Terme

Hotels in Porretta for Saturday the 11th can be searched on www.discoveral-torenoterme.it. That is unless you have booked through us at registration. Dorms are open from Sunday the 12h after stage 1 and you will find your race bags and camping gear bags already there.



Riders Etiquette

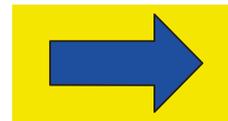
The Ten Commandments of the Appenninica rider.

These ten rules specify which behaviors will guarantee the maximum enjoyment of the event by respecting, competitors, staff and volunteers, and hosts.

- Stay positive, don't lose your temper. A "no" day can happen to everyone and a good endurance athlete knows how to overcome those moments.
- Do not block or slow down faster competitors, instead let them pass you at the first opportunity.
- When passing someone, do it without putting the person who precedes you in danger or difficulty. Inform them you are about to pass them and on which side.
- If you have a mechanical problem move away from the trail to fix your bike without slowing down or blocking competitors.
- Absolutely DO NOT throw anything on the ground, neither in the Race Village nor on the trails.
- Be on time! Respect the logistics of the event.
Volunteers and staff work hard to ensure that you have fun in complete safety. Let them know you appreciate their work.
- Take all the food you want but do not waste it.
- Take care of your mountain bike and she will take care of you.
When using showers and restrooms remember other people are waiting for a hot shower and appreciate a clean restroom.

Put in your best effort and remember that you are doing what you like: a – hard – mountain biking adventure. Follow our ten commandments and good luck!

ARROWS RACE VILLAGE



HOST VILLAGES

We have to thank each and every community, its representatives, and volunteers for all of their planning and hard work. Grazie!

Porretta Terme (Bologna)

It is the most populous village of the Alto Reno Terme municipality. It is renowned for its thermal waters, the green of the woods, and the picturesque villages nestled in the mountains. The EDEN project has awarded it as an excellence destination for sustainable tourism. Porretta Terme, in particular, is the home to some remarkable musical events such as the Porretta Soul Festival and several others. The local gastronomy is wealthy of typical products and is positively contaminated by Emilia and Tuscany's culinary traditions. Also, there is a suggestive network of mountain biking or trekking trails in an unspoiled environment.

Lizzano in Belvedere (Bologna)

Lizzano in Belvedere is a little town situated on the border among three provinces: Bologna, Modena e Pistoia. On its territory stands the summit of famous ski resort of Corno alle Scale (1945 mt.). Thanks to the perfect combination of nature and traditions, Lizzano in Belvedere is a small mountain oasis, an ideal place for mountain biking or walking. Just 19 kilometres from the town centre, a wonderful view over the Apennines and Apuan Alps can be enjoyed from the banks of the scenic Scaffaiolo Lake. Lizzano in Belvedere gave birth to renowned Italian journalist and writer Enzo Biagi (1920-2007).

Fanano (Modena)

It is a mountain municipality, surrounded by the nature of the Parco dell'Alto Appennino Modenese and located at the foot of Mount Cimone, which is the highest point touched by the race with 2165-metre-altitude. Trekking and orienteering are typical sports in Fanano, since there are many trails for the more experienced but also no less fascinating paths for families. There are also Mountain Bike routes that create links with other municipalities on the slopes of Cimone, such as the demanding 45-km-long track called "Ring of Cimone" through the territories of Fanano, Sestola, Montecreto and Riolunato.

Cerreto Laghi (Reggio Emilia)

Cerreto Laghi is a village of the Ventasso municipality. It is a renowned ski resort in the middle of Appennino Tosco-Emiliano, on the Cerreto Pass slopes. Cerreto Laghi lies around one of several glacial lakes in the area, formed the melting of ancient glaciers. Easily accessible from both Emilia-Romagna and Tuscany, the ski resort was built in the 1950s, and today offers facilities for both alpine and cross-country skiing. During summer, Cerreto Laghi is a perfect place for hiking and trekking.

Castelnovo ne' Monti (Reggio Emilia)

Castelnovo ne' Monti sits between the valleys of Secchia and Enza, Reggio Emilia and the Cerreto Pass. It is nestled in the green of three conifers, including the famous Pineta di Monte Castello, where a Matildic era's tower and support walls can be found. The heart of the entire landscape is the Bismantova Stone, a superb grey sandstone rocky emergency that stretches on the top in a flat plateau. Many sports disciplines can be practiced, from trekking to jogging, passing through horse riding and cycling trails around the Bismantova Stone, which is also a perfect place for those who love climbing on the rock.



Porretta Terme (BO)



Lizzano in Belvedere (BO)



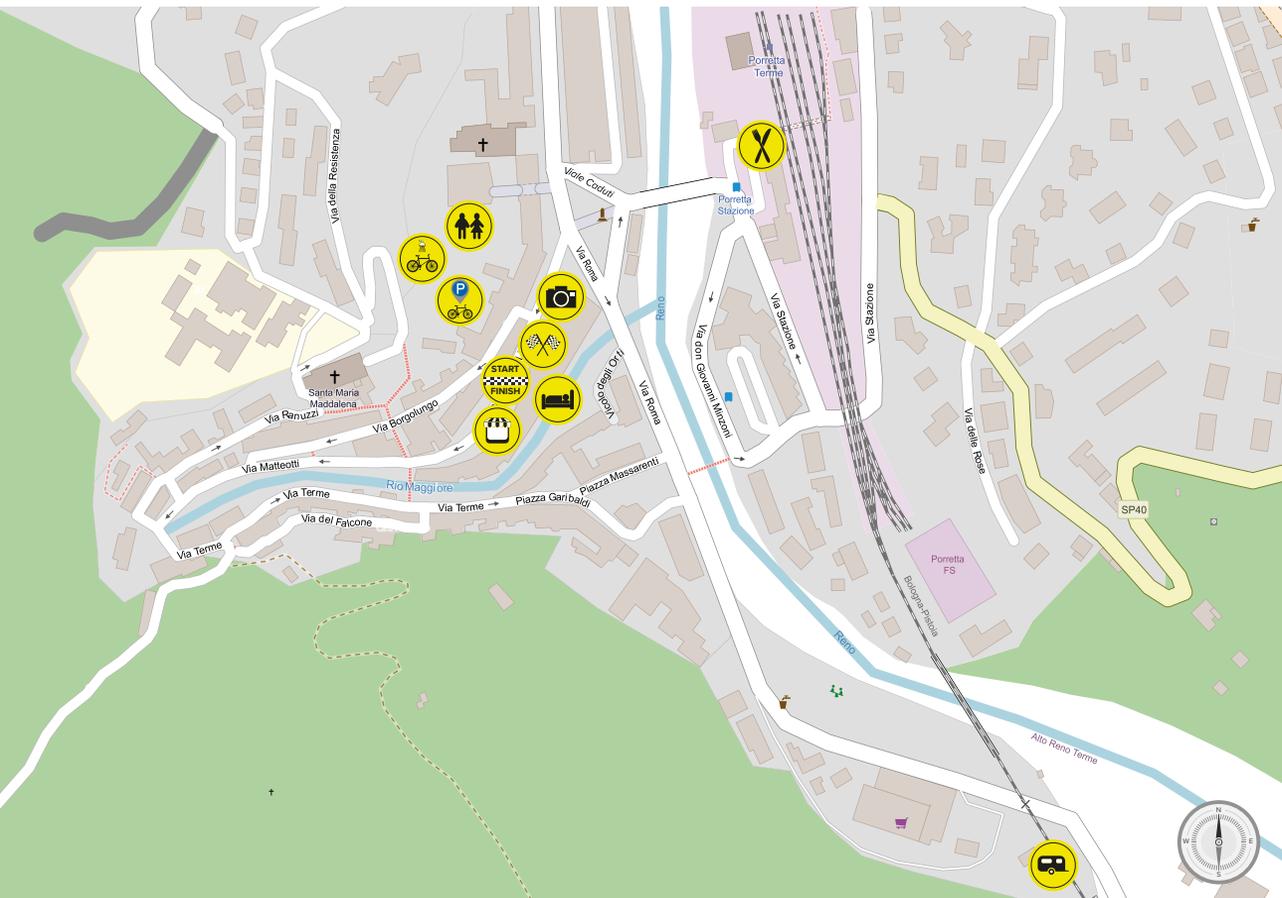
Fanano (MO)



Ventasso (RE)



Castelnovo ne' Monti (RE)



KEY:

-  Start - Finish
-  Race Office
-  Toilets
-  Doctor
-  Expo Area
-  Press Hall
-  Bike Storage
-  Dormitory
-  Showers
-  Dinner Hall
-  Bike Wash
-  Parking
-  Recovery Zone

STAGE 1 | PORRETTA - PORRETTA



Porretta Soul

MAX TIME

N.A.

FEED ZONES

FEED ZONE 1 KM 23 - BIVIO MULINO DELLA SQUAGLIA

Feed zones and water points

Each stage will have complete feed zones and water points. You will find fresh and dried fruit, nuts, pies, and Parmigiano cheese, water and cola. Energy bars, gels, electrolyte sports drink will be available throughout.

At water points, you will find gel, electrolyte sports drink, water and cola.

The staff and volunteers at the feed zone cannot pass your food.

Only touch what you get and get what you touch.

Hold your water bottles with the cap off and say if you would like water or electrolytes. Keep 1 mt spacing minimum. If you need to rest do so at least 3 mt from the feed zone.

There's also going to be a recovery zone with more food and fluids at the finish line.

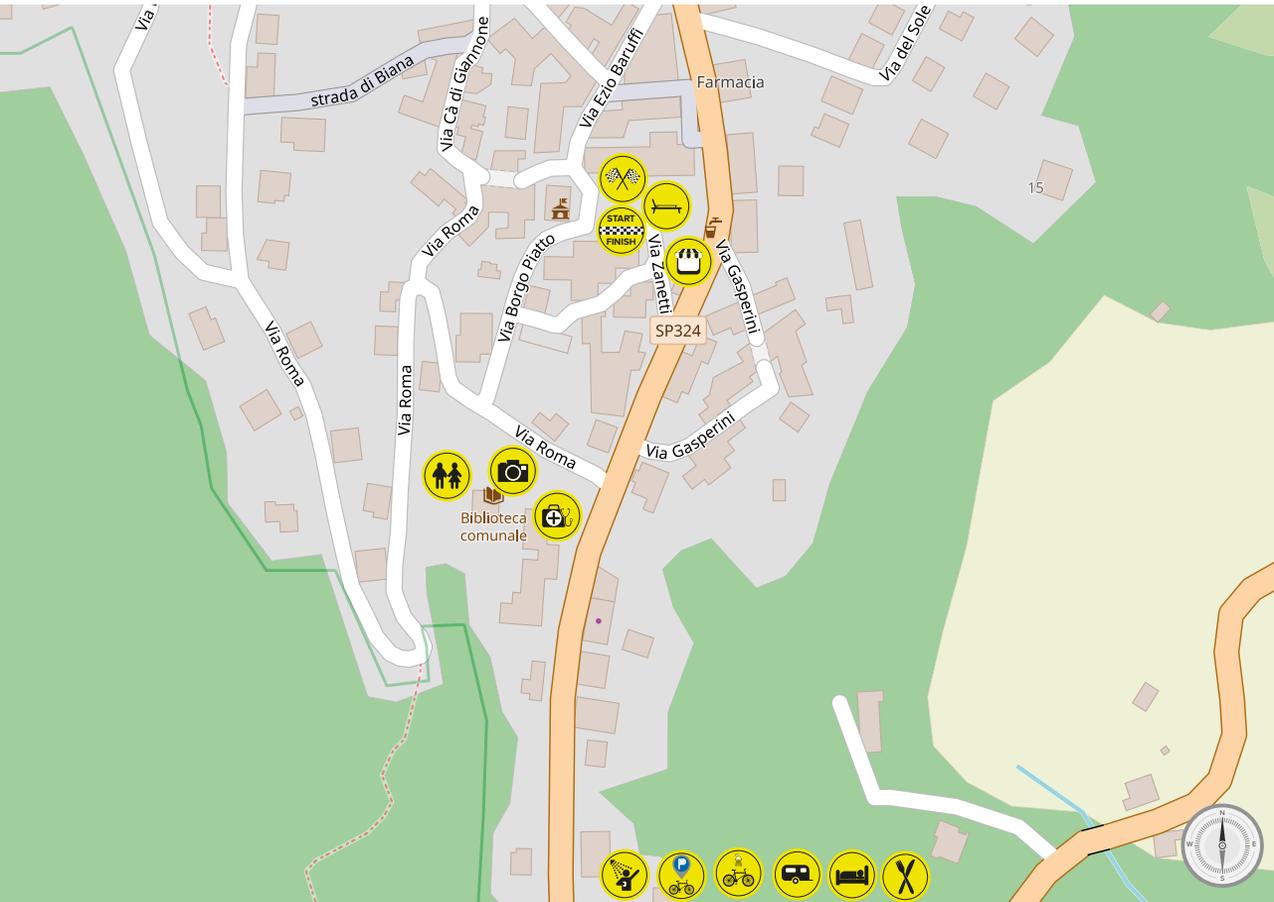
Stage 1 is a Time Trial that will climb to Monte Piella and Monte Cavallo. Starting time is 10:00 and each participant will set off every 30 seconds and according to 3 different waves: Men, Women, Master and Grand Master.

Please check your starting time at the race office and be ready to line-up 15 min before.

Ride safely

Respect traffic laws, ride on the right side of the road and be mindful of cars and other trail users.





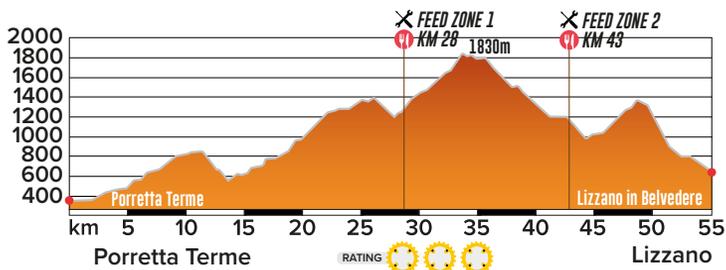
KEY:

-  Start - Finish
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-  Showers
-  Dinner Hall
-  Bike Wash
-  Parking
-  Recovery Zone

STAGE 2 | PORRETTA - LIZZANO IN BELVEDERE

STAGE 2

55KM DISTANCE **2540M** CLIMBING



Il Corno

MAX TIME

7h 00min

FEED ZONE

FEED ZONE 1 KM 28 - MADONNA DELL' ACERO
 FEED ZONE 2 KM 43 - MADONNA DELL' ACERO



Neutral Mechanical Service

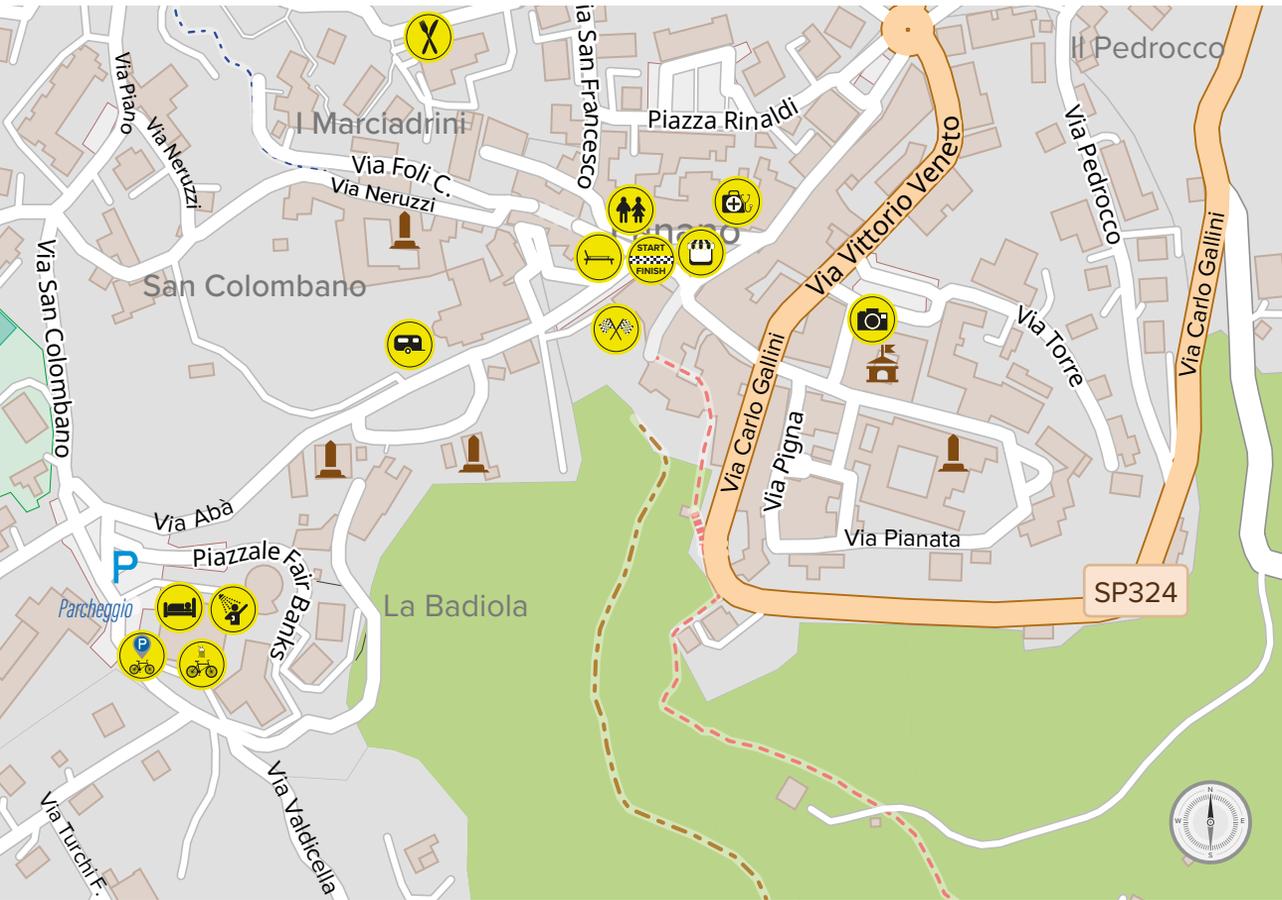
A neutral mechanical service is available at one of the feed zones. A mechanic is available here - and only here - for repairs and adjustments. Note that some charges may apply for parts and consumables. Thanks to our Official Lubrication Partner - Squirt Cycling Products - you can "freshen up" your transmission and add tire sealant, too. Courtesy of 9thWave Cycling, you could also borrow a wheel should yours become unrideable.

As per race rules, you shall carry some spares and tools:

- Multitool
- A spare derailleur hanger
- Everything needed to repair at least two punctures
- A chain tool and 2 quick links

Support teams can only assist their riders in these very same feed zones. Mechanical service is available at the end of the stage (priority is given to those who purchased the mechanical package).





- KEY:**
-  Start - Finish
 -  Race Office
 -  Toilets
 -  Doctor
 -  Expo Area
 -  Press Hall
 -  Bike Storage
 -  Dormitory
 -  Showers
 -  Dinner Hall
 -  Bike Wash
 -  Parking
 -  Recovery Zone

STAGE 3 | LIZZANO - FANANO



FEED ZONES

FEED ZONE 1 KM 19 - FANANO PRESSO ARRIVO
FEED ZONE 2 KM 35 - RONCO DI GIOVE - MONTECRETO

Laundry Service

At the end of Stage 3 in Fanano is when you can drop off your cycling kits to be washed and delivered the following afternoon. We will provide a mesh bag with number for a maximum of 3 cycling kits. Only cycling kits are allowed in the mesh bag. The cost is 15 Euro of which 5 Euro is mesh bag deposit. The drop off and pick up location will be indicated by a specific sign near the dorms.

Massage Services

Upon availability, you can book a massage with our professional physiotherapist/s (40 Euro). They are 25 min treatments. There will be a one or two scheduled Yoga-stretching sessions in the afternoon (check for the schedule at the race office). Or you can just go stretch on your own at the Yoga tent.



APPENNINICA

MTB Stage Race



Castelnovo ne' Monti

STAGE 7
The Purgatory

BOLOGNA

STAGE 6
Park & Roll

Cerreto Laghi

STAGE 3
Gold Rush

STAGE 5
High Mountain Queen

Fanano

Lizzano

Porretta Terme

STAGE 4
Pippo Yeah

STAGE 1
Porretta Soul

STAGE 2
Il Corno

FIRENZE



1400 m

1830 m

1544 m

1783 m

1857 m

1575 m

960 m

Stage 1
40Km - 1600 m+

Stage 2
55 Km - 2540 m+

Stage 3
57 Km - 2350 m+

Stage 4
48 Km - 2150 m+

Stage 5
98 Km - 3750 m+

Stage 6
85 Km - 2050 m+

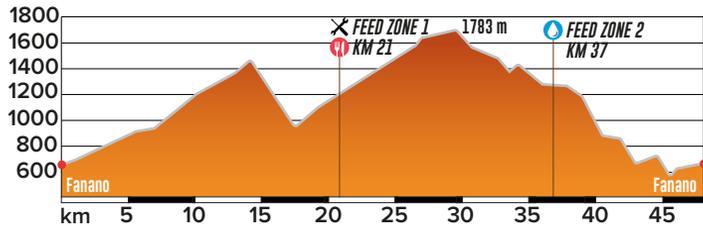
Stage 7
50 Km 1600 m+

Porretta T. Porretta T. Lizzano Fanano Fanano Cerreto Laghi Castelnuovo Castelnuovo

STAGE 4 | FANANO - FANANO

STAGE 4

48KM DISTANCE **2150M** CLIMBING



Fanano RATING Fanano

Pippo Yeah! MAX TIME 6h.00min

FEED ZONES

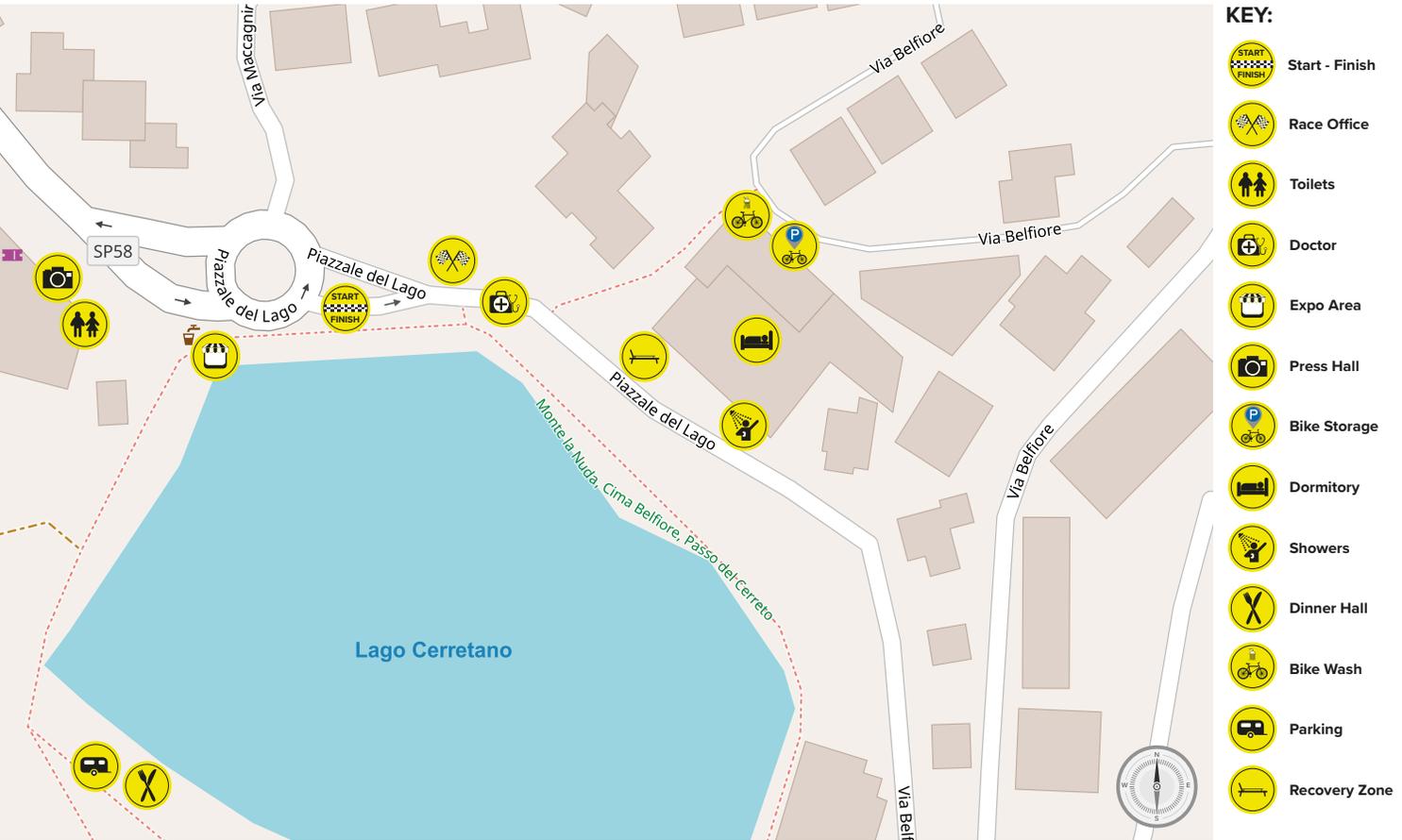
FEED ZONE 1 KM 21 - CAPANNO TASSONI
FEED ZONE 2 KM 37 - LAGO PRATIGNANO

TECHNICAL SPONSOR AND SUPPLIERS



CASEIFICI

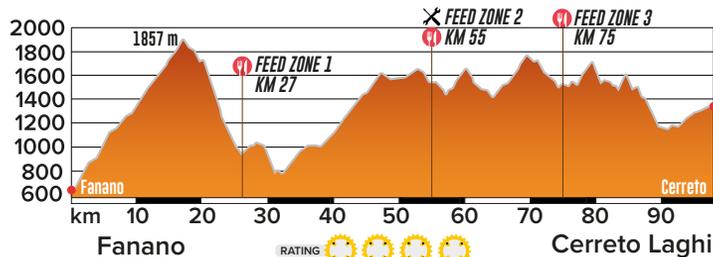




STAGE 5 | FANANO - CERRETO LAGHI

STAGE 5

98KM DISTANCE 3750M CLIMBING



High Mountain Queen

MAX TIME

10h 30min

FEED ZONES

FEED ZONE 1 KM 27 - FIUMALBO

FEED ZONE 2 KM 55 - PASSO DELLE RADICI

FEED ZONE 3 KM 75 - FORESTALE PRESA ALTA



START FROM TOWN CENTER AT 8:30

Bike Parks and Bike Wash

After you finish a stage you can wash your bike (self-service) with low-pressure hydro-cleaners and products made available by our sponsor Squirt Cycling Products.

When your bike is ready - or when you want to park it in a safe place - enter the guarded Barbieri PNK bike park. The guarded bike parking is open until 21:30 and locked throughout the night.

Only riders with a wristband matching the number plate on the bike can pick-up a MTB.

Both bike park and bike wash are indicated by specific signs.

Withdrawal

In the case of withdrawal, a competitor must notify the organizers as soon as possible that he/she will not start (DNS) or continue (DNF) on course. Withdrawal decision cannot be changed and must be formalized by calling the race office or by handing in the race number to a race official along the route. Competitors withdrawing from the race will be accorded a DNF status in the classification and they will not be able to continue competing for the classification. Competitors who withdraw from the race will be responsible for reaching the race village at the finish of the stage or the next feed zone. Once they reach the race village, competitors who have withdrawn will be able to request assistance regarding their continuation out of classification or the way to get to the location of the last finish, in order to retrieve their vehicle and/or bike bag. Competitors who have withdrawn from the race but have not communicated their choice will be assumed to be on course. This will likely result in the launch of a rescue operation, and the accountable competitors will be charged all costs incurred.

In Case of Emergencies

Appenninica has partnered with a team of doctors on motorbikes and has prepared a comprehensive plan to assist injured riders. What you should do in case of an injury that prevents you from continuing is call the SOS number on your wristband (save that number to your phone now). You can also call the SOS number if you are exhausted and cannot continue, or if you have a mechanical issue that forces you to withdraw.

Calling the SOS number for rescue = withdrawal.

In case of severe injury, you should send an SOS by pressing the thumb-sized button on your tracker. The SOS on the tracker should only be used for severe medical emergencies. Should you find another rider injured and unconscious, activate immediately the SOS on his/her tracker and try to call the SOS number.

Activating the tracker SOS = withdrawal

Route Marking and GPS

The race course may be marked - at the discretion of the organizers - with signage tape, signs, and arrows.

It is mandatory that you use a GPS device during the race with the GPX tracks provided uploaded in order to navigate the course. Get used to checking the GPS often. In order to solve problems with missing signs (no signs, no arrows, and no signage tape) or manumission (markings or arrows have been moved or rotated), the GPS track shall be followed except for the following cases:

- Riders are instructed at the evening briefing or at the morning briefing to follow the route markings and not the GPS;
- Organizer staff along the race course indicates the route to follow or a detour.

In the morning, in exceptional case, the race director could instruct riders to upload the "B-route" file of a certain stage for reasons such as bad weather, landslides, etc.

Volunteers, event staff or municipal police officers may oversee some crossroads. Competitors are deemed responsible for their navigation on route and they should not rely on directions provided by supporters or people that are not members of the event staff. No shortcut is permitted, at any time, by bike or on foot.

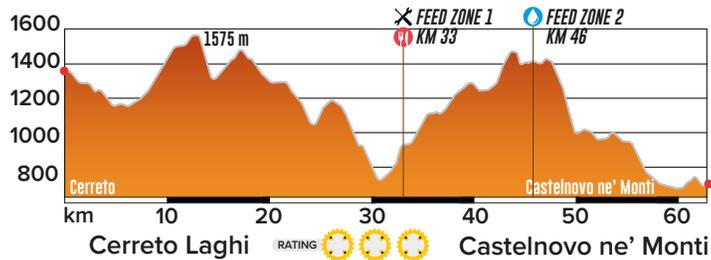


NUMERO DI EMERGENZA
+39 335 1365114

STAGE 6 | CERRETO LAGHI - CASTELNOVO NE' MONTI

STAGE 6

65KM DISTANCE **2050M** CLIMBING



Park & Roll

MAX TIME

7h 15min

FEED ZONES

FEED ZONE 1 KM 33 - COLLAGNA
FEED ZONE 2 KM 46 - LAGO CALAMONE



Meals and Diets

Breakfasts and dinners are provided thanks to the host cities. For lunch, a hot dish, Parmigiano Reggiano, and several types of beverages will be available at the end of the stages.

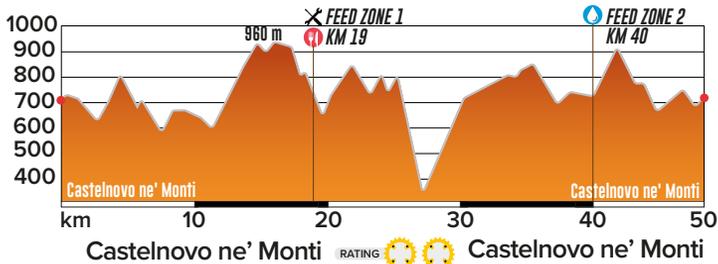
Dinners will be the expression of tradition and genuineness and, as you can imagine, pasta will be the protagonist! Emilia Romagna offers without a doubt one of the best cuisine of Italy, if not the world!

Dinners will consist of three courses plus dessert or fruit. For each course there will be a vegetarian option. Some low-gluten and gluten-free options and no-lactose options will be available. Unfortunately, we are unable to accommodate people with other types of diets and allergies.

STAGE 7 | CASTELNOVO NE' MONTI - CASTELNOVO NE' MONTI

STAGE 7

50KM DISTANCE **1600M** CLIMBING



Purgatory

MAX TIME

5h 45min

FEED ZONE

FEED ZONE 1 KM 19 - CASTELLO CARPINETI
 FEED ZONE 2 KM 40 - GINEPRETO



GRANFINALE

Saturday, September the 18th will be Stage 7 and Grand Finale. The finish line hosted in the central Piazza Peretti in Castelנוvo ne' Monti. Arriving in Castelנוvo it is for us a way to celebrate Dante Alighieri on the 700th anniversary of his death. The Pietra di Bismantova (unique and mystical) is said to having inspired Dante - "father" of the Italian language among other things - for its Purgatory. Will the poet be there to welcome you?

Stage awards at 15:30.

The Gran Finale with the Finishers' dinner and award ceremony is at the Centro Don Bosco (dorms). We'll taste even more delicious dishes of the emiliana cuisine. Start at 19:00.

Your bike bags and luggage will be at Centro don Bosco.

DAILY SCHEDULE STAGE 1*/4/7

7:00 – 9:00 Breakfast.
9:30 Entrance in the starting grids begins.
9:45 Stage briefing.
10:00 Start.
12:30 – 14:00 Arrival of the first competitors.
12:30 onward, the Race Village is ready to welcome participants with food, speaker with music, and “relax” area.
Participants find their place for the night in the dorm.
14:00 – 15:00 Arrival of the last competitors.
18:30 – 20:00 Dinner offered by the Host Towns (including water and house wine).
19:30 Awards and classifications with leader’s jerseys.
20:00 Complete stage briefing (in Italian and English).
20:15 Video and photo show of the stage highlights.
21:30 Closure of the bike park.
22:00 From this time on, all participants are required to keep quiet inside the athlete area.

*Stage 1 is a time trial. You will find your start time posted at the race office. You must be ready 15 min before your posted starting time. You can warm-up away from the race course.

Important:

Between 7:00 am and 9:00 am you must have delivered your bike case (if any) and non-race luggage because these will leave for the location of the last stage at once (you don’t have access to them during the week).

Your race bag and camping gear bag can be delivered to us between 8:00 and 9:30 and you’ll find them in the dorms.

At 17:00 stage 2 briefing and concert at parco Rufus Tomas.

DAILY SCHEDULE - STAGE 2/3/5*/6

6:30 – 8:30 Breakfast.
8:00 – 8:45 Race bags are given to Appenninica staff (follow the signs)
Note: Leave your bag at the reception if you have booked the week hotel package.
8:30 Entrance in the starting grid begins.
8:45 Stage briefing.
9:00 Start.
13:00 – 14:00 Arrival of the first competitors.
13:00 onward, The Race Village is ready to welcome participants with food, speaker with music, and “relax” area. Race bags ready to be picked up. Participants find their place for the night in the dorm.
16:00 – 17:00 Arrival of the last competitors.
18:30 – 20:00 Dinner offered by the Host Towns (including water and house wine).
19:00 Welcome by the authorities of the Host Towns and video and photo show.
19:30 Awards and classifications with leader’s jerseys.
20:00 Complete stage briefing (in Italian and English).
21:30 Closure of the bike park.
22:00 From this time on, all participants are required to keep quiet inside the athlete area.

Stage 5*

The High Mountain Queen stage starts at 8:30 (breakfast from 6:00)

TRANSFERS TO BOLOGNA AND PORRETTA TERME

If you have booked a post-race transfer you can find the details posted at the race office.

Those transfers will ahead to Bologna Marconi airport and a designated one will continue on to Porretta Terme. The boarding time is 10:00.

Cooming soon EDITION 2022
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